



10 September 2021

Address: School Road, Frettenham, Norfolk, NR12 7LL

E mail: office@frettenham.norfolk.sch.uk

Website: www.harnserfed.co.uk.

Telephone: 01603 737405

This has certainly been one of the most enjoyable weeks I can remember for a long time. Yes the sunshine has helped and been a great bonus, but there has been a real buzz around school. It has been lovely seeing all the children playing out at breaktimes and being able to speak to the whole school in assembly too. Everywhere I seem to go I can hear children laughing and giggling. I hope the children have been coming home happy and telling you about their day. I'm sure there will be a few tired children and staff this weekend. I hope you all have a restful weekend.

It is really important that ALL communications come through the school office and not to teachers directly through other communication means. Thank you.

Hello to all new parents/carers and welcome back to those returning. For those of you who do not already know me, I am Mary Board, Special Educational Needs Coordinator (SENCo) for our 3 schools: Frettenham, Hainford and St Faiths'. I teach Class 2 at Frettenham and have time out of class on Thursday mornings this year. If you would like to contact me, phone me, or arrange to meet with me, Thursday mornings are the best time, although I can also be available after school. Email the office at any of our schools if you would like to get in touch about anything SEN related.

If you would like to send your child in to School with a note of their lunch order for the week, on a Monday morning, you are very welcome to. Otherwise, on a Monday morning in registration we will discuss the options available, and your child can select which meal they would like to eat.

Diary Dates

Please see the accompanying schedule of dates for the remaining term, but do be aware that they are still subject to change.

Dates for your diary**Autumn Term**

5 October 2021

Individual and sibling School photographs

18 November 2021

Flu vaccination – letter sent home, 9.9.2021



Frettenham Primary School
Hainford Primary School
Horsford Primary School
Old Catton Junior School
White Woman Lane School
St. Faiths' Primary School

Ashley Best-White
Executive Headteacher

Date: 6 September 2021



Nebula
where stars are born

Dear Parent/Carer,

Attendance at school and legal intervention

[Research](#) commissioned by the Department for Education shows missing school for even a day can mean a child is less likely to achieve good grades, which can have a damaging effect on their life chances. At Frettenham Primary School our aim is to work with parents to ensure that all our pupils receive the most from their education and reach their full potential.

This letter is to remind all parents/carers regarding the law that requires them to ensure that their child attends school regularly. The Government remains very clear that no child should miss school apart from in exceptional circumstances and schools must continue to take steps to reduce absence to support children's attainment.

In the DfE policy document entitled, 'School Attendance: Guidance for maintained schools, academies, independent schools and local authorities' it states, '*Headteachers should not grant leave of absence unless there are exceptional circumstances. **The application must be made in advance and the Headteacher must be satisfied that there are exceptional circumstances based on the individual facts and circumstances of the case which warrant the leave. Where a leave of absence is granted, the Headteacher will determine the number of days a pupil can be away from school. A leave of absence is granted entirely at the Headteacher's discretion.***'

If the school does not receive a request for leave, the Headteacher will be unable to consider your individual circumstances and the absence will be recorded as unauthorised. There will be no obligation on the Headteacher to reconsider authorising the leave if an application has not been made in advance.



The Local Authority operates a system where any pupil will meet the criteria for legal intervention where they have at least 9 sessions (4.5 school days) lost to unauthorised absence by the pupil during the last 6 school weeks.

The intervention could be in the form of a Fixed Penalty Notice. Any pupil at Frettenham Primary School who meets the criteria, will be referred to the Local Authority for action to be considered.

If a Fixed Penalty Notice is issued the arrangement for the payment will be detailed on the penalty notice. The penalty is £60 if paid within 21 days of receipt of the notice, rising to £120 if paid after 21 days but within 28 days of the receipt of the notice. The Fixed Penalty Notice is per parent per child. You should be aware that failure to pay the total amount within the timescale will result in legal action being taken.

I hope we can count on your support in this matter. Please do not hesitate to contact Mr Longhurst if you have any questions.

Yours sincerely,

A handwritten signature in black ink that reads "A. D. Best-White".

Ashley Best-White
Executive Headteacher
The Nebula Federation

Norse

Fresh Ideas Feeding Minds



There is such a thing as a

FREE LUNCH!

Your child may be eligible for a free school meal which could save you over £400 a year and gain additional funding for your school. To see if you qualify, visit

www.gov.uk/apply-free-school-meals



Don't forget school meals are still free for Reception, Year 1 and Year 2 regardless of circumstances!



NorseCatering norsecatering.co.uk

Myth Busting School Meals!

"My child is a fussy eater"

Our menus offer variety and choice to suit all tastes. In our experience, children are more likely to try new foods when they have regular school meals in a social setting.



"I cook a meal in the evening"

We fully understand that some families eat a hot meal together in an evening so we have developed our own cold lunch options and jacket potato menu to help support this.

"They're not healthy"

Our menus consist of well-balanced dishes that adhere to the school food standards. Real fruit is used in over 50% of our dessert recipes; **we have reduced sugar content by 25%** and wholemeal flour is used in all of our bread and pastry recipes!

"My child has a food allergy"

Our dietician has developed 'allergen aware' menus for children with medically-defined food allergies. Registration forms can be found on our website - www.norsecatering.co.uk.

"I love my school lunches!
I like the different flavours and how tasty it looks on the plate!"
School Council Feedback



Did you know, on average less than 1% of packed lunches from home meet all of the school food standards?

Source: The Independent School Food Plan

norsecatering.co.uk

 [@NorseCatering](https://twitter.com/NorseCatering)





Save Time with Norse Catering



Packed Lunch from Home

Decide on what to put in the packed lunch

Shop for packed lunch ingredients

Make the packed lunch the night before

Remember to put the packed lunch in school bag

Empty and clean the lunchbox

Start again for the next day

Norse

School Lunch

Order a school lunch



Make life easier in just one tick!

Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Oriental Beef Meatballs with Steamed Rice	(v) Margherita Pizza with Potato Wedges	Roast Chicken with Stuffing	Chicken and Sweetcorn Carbonara <i>new</i>	Breaded Fish Fingers or Salmon Fingers
Option 2 (v)	Italian Bean Bake	Vegemince Bolognese with Pasta	Vegetarian Roast	Tomato and Courgette Frittata with Baby New Potatoes	Vegetable Goujons
Served with	Garden Peas and Sweetcorn	Rainbow Salad	Roast Potatoes, Carrots, Green Beans and Gravy	Vegetable Medley	Chips, Garden Peas or Baked Beans
And for Pudding	Apple Crumble with Custard	Fresh Fruit Salad	Beetroot Brownie	Dinky Doughnuts	Shortbread with a Melon Wedge

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week One: 13 Sept / 4 Oct

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	(v) Margherita Pizza with Baby New Potatoes	Chicken Curry with Steamed Rice and Naan Bread	Sausages with Yorkshire Pudding	Beef Bolognese with Pasta and Garlic Bread	Breaded Fish Fingers
Option 2 (v)	Vegemince and Bean Chilli with Steamed Rice	Cheesy Pasta	Veggie Sausage with Yorkshire Pudding	Vegetarian Enchilada with Garlic Bread <i>new</i>	Cheese and Tomato Quiche
Served with	Rainbow Salad	Vegetable Medley	Mashed Potatoes, Carrots, Garden Peas and Gravy	Broccoli	Chips, Garden Peas or Baked Beans
And for Pudding	Oaty Bar with Orange Wedges	Lemon Cupcake	Toffee Cream Shortbread <i>new</i>	Fresh Fruit Salad	Fruit Jelly

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week Two: 20 Sept / 11 Oct

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Breaded Chicken in a Wrap with BBQ Sauce and Potato Wedges	Beef Lasagne with Herby Bread	Roast Chicken with Stuffing	(v) Margherita Pizza with Pasta Salad	Breaded Fish Fingers <i>new</i>
Option 2 (v)	Vegemince Bolognese with Pasta	Sweet Potato and Lentil Curry with Steamed Rice and Naan Bread	Lentil Roast	Sweet and Sour Vegeballs with Steamed Rice <i>new</i>	Cheese and Onion Pastry Parcel <i>new</i>
Served with	Rainbow Salad	Garden Peas and Cauliflower	Roast Potatoes, Spring Greens, Carrots and Gravy	Sweetcorn	Chips, Garden Peas or Baked Beans
And for Pudding	Fresh Fruit Salad	Ice Cream Tub	Flapjack with Apple Wedges	Cocoa Krispie Bar	Cherry Bakewell Cupcake <i>new</i>

Filled Jacket Potatoes and Packed Lunch Options are available daily. Please check with your school.

Week Three: 27 Sept / 18 Oct

Week One

Packed Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll
Carrot Batons	Cucumber Sticks	Cucumber Sticks	Carrot Batons	Cucumber Sticks
Sultanas	Popcorn	Popcorn	Sultanas	Popcorn
Orange Wedges	Melon Wedge	Fresh Fruit Portion	Orange Wedges	Fresh Fruit Portion
Flapjack	Fruit Yoghurt	Beetroot Brownie	Dinky Doughnuts	Shortbread

Week One: 12 Apr / 3 May / 24 May / 21 Jun / 12 Jul / 13 Sept / 4 Oct

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll
Carrot Batons	Cucumber Sticks	Cucumber Sticks	Carrot Batons	Cucumber Sticks
Sultanas	Popcorn	Sultanas	Sultanas	Popcorn
Orange Wedges	Fresh Fruit Portion	Fresh Fruit Portion	Orange Wedges	Fresh Fruit Portion
Oaty Bar	Lemon Cupcake	Toffee Cream Shortbread	Fruit Yoghurt	Fruit Jelly

Week Two: 19 Apr / 10 May / 7 Jun / 28 Jun / 19 Jul / 20 Sept / 11 Oct

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap	Ham Sandwich	Tuna Pasta Pot	Egg Mayo Sandwich	Cheese Roll
Carrot Batons	Cucumber Sticks	Cucumber Sticks	Carrot Batons	Cucumber Sticks
Sultanas	Popcorn	Popcorn	Sultanas	Popcorn
Fresh Fruit Portion	Fresh Fruit Portion	Apple Wedges	Orange Wedges	Fresh Fruit Portion
Fruit Yoghurt	Ice Cream Tub	Flapjack	Cocoa Krispie Bar	Cherry Bakewell Cupcake

Week Three: 26 Apr / 17 May / 14 Jun / 5 Jul / 6 Sept / 27 Sept / 18 Oct