



25 June 2021

Address: School Road, Frettenham, Norfolk, NR12 7LL

E mail: office@frettenham.norfolk.sch.uk

Website: www.harnserfed.co.uk.

Telephone: 01603 737405

We are currently trying to plan the last few weeks, which once again are going to look slightly differently than what we would have liked to have been able to offer the children. The Year 6 children have had their transition days reduced or cancelled and we have had to adjust our own transition arrangements for the new September intake. After discussions with staff, we have decided to keep sports day in classes and unfortunately won't be able to have families attend. The planning of ensuring we limit the number of people and that groups are kept separate, while the children rotate around activities was going to detract from the enjoyment of the sports day. I hope you understand, and we will try to take lots of photos and videos to share.

We are trying to plan an assembly, hopefully for the last morning, where we will be able to offer two seats per Year 6 family. Details will be sent to families as soon as they are confirmed.

At the moment, we are unsure what September will look like with regards to COVID restrictions. Obviously, we are hopeful that we will be able to start back in September without any restrictions but until closer to the time, we will not be certain of this.

We have decided that a few things which we have implemented are working very well and would like to keep them:

- 1) Come to School in your PE kit on the days which you have PE scheduled, with suitable outdoor trainers.
- 2) Wear waterproof trainers every day (not school shoes), so that if we want to play on the field or do some extra PE we are able to and also are able to keep feet dry!
- 3) Class 1 and siblings of any class 1 pupils, enter and exit through the gate on the playground (Sandra is there to welcome you).
- 4) Class 2 and 3, enter and exit through the main gate (Emma is there to welcome you).

Fruit snack

The Government provides a fresh piece of fruit each day for children in Reception until Year 2.

Outside of these year groups, we would encourage all children to bring in a fruit snack for the morning break.



Norse are offering a slightly different menu options for some days in July 2021.

The menu will be:

Thursday, 1 July 2021: Hot dog or veggie sausage in a bun served with potato wedges

Thursday, 8 July 2021: Beef burger or veggie sausage served with chips

Thursday, 15 July 2021: Pizza cheese and tomato with wedges

Tuesday, 20 July 2021: Chicken or vegetable goujons served with chips

On these days, there will not be a packed lunch or jacket potato option. Lunches are to be ordered on a Monday morning, during registration.

2 July 2021

Year 6 cricket at Horsford 9:30 – 2:30. Travelling by School minibus.

(Home packed lunch required, water bottle, sun hat, pre-applied sun cream)

Letter sent home on 24 June 2021

Cycle Training, Year 5 & 6

5 July 2021- 8 July 2021

Please bring bikes to School on the morning of 5 July 2021.

Please bring a cycle lock to use to store bike on the bike rack outside the front of the School.

We have attached to the back of the newsletter the cycle training checklist for the bike check and helmet check.

Please check your child's bike before the start of the course. If the bicycle is not roadworthy, pupils won't be able to participate in the course. Due to Covid-19 our instructors can't make big adjustments and pupils can't borrow another child's bicycle. Faults are often easily fixed but occasionally a new part from a bike shop is required so please check your child's bike well in advance.

cle Checklist

Please tick off the bicycle, helmet and clothing checks below:

1. MECHANICAL CONDITION:

Are the saddle, handlebars and wheel fixed on tight?

required tyre pressure stamped Are both tyres inflated to the on the side of the tyre?

Is the frame the appropriate size for your child?

2. FRAME & SEAT POST:

Can your child comfortably touch the floor with their toes whilst sat on the saddle?

chain?

Have you cleaned and oiled the 5. CHAIN:

Can your child comfortably reach front and rear brake capable of stopping the bike?

Joes the bike have a working

and operate the brake levers? If present, do the gears change 6. GEARS:

smoothly without any delays?

shops offer free bike checks for Did you know? Many local bike Bikeability participants.



For advice and videos on checking bicycles, helmets, and clothing before a course, please visit our website: www.outspokentraining.co.uk



- Does the helmet sit comfortably on the top of your Does the helmet conform to BS EN 1078:1997 or equivalent (check sticker inside the helmet)?
- Is the peak of the helmet sitting about two finger widths from your child's eyebrows?

child's head?

- Do the side adjusters sit just below your child's ears forming a nice V on either side of their head?
- fingers to fit between the buckle and your child's chin? When done up, does the chin strap allow for two

WATER BOTTLES, MEDICATION, ETC SUCH AS A BACKPACK. Please ensure that your child will be dressed appropriately PLEASE ENSURE YOUR CHILD HAS A WAY OF CARRYING If your child has their own Hi-Viz, please send this to school with them so they can wear this for training. for the weather conditions each day:

- WINTER: Gloves, a coat and extra warm clothes to wear during the training.
- SUMMER: Sun cream and a water bottle.

Diary Dates

Please see the accompanying schedule of dates for the remaining term, but do be aware that they are still subject to change.

<u>Dates for your diary</u> <u>Summer term</u>

2 July 2021 Year 6 cricket at Horsford 9:30 – 2:30 (home

packed lunch required, water bottle, sun hat, pre-

applied sun cream)

5 July 2021-8 July 2021 Cycle training for Year 5 and 6. Consent form sent

home on 13.04.2021. Please bring a cycle lock to use to store bike on the bike rack outside the front

of the School.

9 July 2021 Year 4 cricket day (Horsford). Please bring a home

packed lunch and pre-applied sun cream, sun hat

and a water bottle.

20 July 2021 Feast on the Field lunch option. Chicken or

Vegetable Goujons served with chips and rainbow

salad.