

Class 1 Home Learning – Healthy Heroes week 2
WC 22nd June 2020

Daily Expectations

- Spend **15 minutes** reading- books, comics, magazines- any reading is great!
 - Practise reading and writing words from the high 100 frequency word list (6 per day).
- ➔ Write each one in a sentence. Can you use more than one?
- Spend **15 minutes** playing a phonics game on **Phonics Play** or **Top Marks**.
- **Year 1** – Spend **15 minutes** on spelling shed.

Writing

- * What does it mean to be part of a team? Create a poster all about teamwork.
- * Design a gold medal for someone in your household. Present it to someone and write a couple of sentences to say why you have chosen this person. Try to use the words 'and/because' in your sentences.
- * Write a thank you letter to someone that has helped you and been your hero during lock down.
- * Have you got a favourite sports person? A football player or it could be your PE teacher? Create a fact page about them. Try to include as much information as you can about them.
- * Make a list of questions you would like to ask your favourite sports person. You could either write these down (remember to include your question marks and capital letters), or record a video asking them orally. Remember to use question words like 'when, why, who, what, where, how.'
- * Visit the Literacy shed:
<file:///C:/Users/ARiches/Downloads/The%20Catch%20KS1%20Activity%20Pack%20-%20KS1%20Activity%20Pack.pdf> watch the short video 'The catch' and then have a go at some of

Reading

- * Listen to a story read aloud (Miss Riches on Tapestry on Monday, Wednesday and Friday).
- * Phonics: oi, ear, air, ure, er (See separate weekly phonics plan).
- * Read a book that has a hero in it. Draw the hero/heroes and list adjectives to describe their appearance and personality.
- * Listen to the story 'Martin the Mouse':
<https://www.bbc.co.uk/cbeebies/radio/story-time-martin-the-mouse> record the main events by re-telling the story orally, drawing them or writing them. You could also make puppets to help re-tell the story.

Maths- Number Addition and subtraction.

- Practise counting in 2s, 5s and 10s, use this game to help you <http://www.sheppardsoftware.com/mathgames/earlymath/BalloonPopSkip.htm>.
- Play a game of dominoes. By counting the spots on the dominoes can you work out the doubles? Can you write the number sentences to go with it? E.g. 4+4=8.
- Go out in the garden. Find something to use to help you count (up to 20). Make two groups. Add them together and write the number sentence in the mud. Put them all together again and make two different groups and do the same. How many different ways can you do this?
- Get a big piece of paper. Make your own number line to 20. Decorate it with maths related pictures. Can you use these to help you work out some addition and subtraction number sentences? Jump back on your number line for subtraction and forwards for addition.
- Roll a dice, add the two numbers together. Draw something or use your number line to help you work this out.

Science- Consider the 5 senses. Close your eyes, what can you hear/ touch and smell? Have a go at making a sensory board or bottle. Consider what it would be like to look at, touch, smell and listen to. See attached examples for ideas.

Sport



Project borrowed from Robin Hood MAT

- * **Make your own family mascot using materials from around the house. First visit the Olympic Mascot official list here: <https://www.olympic.org/mascots> what makes a good mascot? What qualities does the mascot represent?**
- * **Design your own team sports kit. Consider the flag of the country they would represent. Draw the design or use a computer programme to do this.**
- * **Invent a new Olympic game. Invent your very own game for the 2021 Olympics. Look at all the sports that currently compete in the Olympics. Write a set of instructions/ draw pictures for the new game. Test the game out as a family.**
- * **What can your body do? Look at the body challenge cards and see how many you can do: <https://www.stem.org.uk/resources/elibrary/resource/34276/brilliant-bodies>**

- *******We will be having a virtual sports day. Think of a list of activities you could do at home for a virtual sports day and put them on Tapestry. They need to be things that can be done at a social distance.*******

- Think about watching your favourite team play your favourite sport. Create a cheer for them, you could also add a dance.
- Design your own obstacle course. Draw the design and label it first, then make a list of equipment. Then have a go at doing it. Make sure it includes activities where you can socially distance and you do not have to touch the equipment.
- Create your own simple routine just like a gymnast, dancer, or synchronised swimmer. Start by watching a routine together, then choose a piece of music, film it and add it to Tapestry