Henrietta's Pride Guide: 19/06/20 Issue 13

- Find out about Fi and the Norfolk LGBT+ project
- Catch up on Kooth; and spread the word
- Get creative with some Stonewall resources
- Learn about some LGBT+ role models
- Fiction to show 'Different familes same love'

Here are five steps you can take today to support LGBT+ youth <u>(H RC 2017)</u>

- 1. Listen to LGBTQ youth.
- Be a role model for kindness and inclusion.
- 3. Show young people that they can be authentic around you.
- Take action in your school to create safe spaces.
- Stay informed and get involved in the fights ahead.

Every single one of us can play a role in instilling hope in the hearts and minds of the young people in our lives, particularly during these uncertain and unsettling times.



One of our PATHS allies is the wonderful Fi from **Norfolk LGBT+ Project.** She works hard to support young people, their families and schools; helping LGBT+ young people (and older ones too!) feel safe to be their true selves. For more info on her service and Quality Mark for schools, click <u>here</u>

Pride is one of our favourite feelings; and during June we want everyone to celebrate their **uniqueness** and **differences**. We want to take the opportunity to remind schools how it is that pupils can see themselves reflected in their curriculum and the resources in school. This will help create a sense of **belonging** and nurture good **self esteem** leading to **resilience**. We especially want to **celebrate** and **support** LGBT+ people and remember that it has not always been okay to be gay and even now not everyone hears that message.

FREE Resource Save for Later gan Rapinoe a social activist and an



Promote inclusivity and acceptance of the LGBT+ community in your school with <u>LGBT teaching re-</u> <u>sources</u> created by Twinkl and Stonewall. They offer support to teachers and class members and are free now but registration is required.







We are huge Lil Naz X fans; who doesn't love Old Town Road? But did you know that he is the only artist to come out as gay while No. 1 and the only openly LGBT+ artist to win a Country Music Association award. Click the pic to here his duet with Elmo.

Click below for the Stonewall home learning packs, history, creativity and English, and on Will and JB to hear stories that explore and celebrate family make up.

Stonewall's home learning packs can be used by parents or carers looking to support their child's learning or by education staff looking to send work home for their pupils. There is a primary, secondary and SEND version of each pack, with a list of suggested activities and supporting materials for you to pick and choose from.



