## Physical Education (P.E) at Hainford

Hainford uses and builds upon the National Curriculum and our own knowledge and skills progression documents to ensure that children develop their physical and tactical skills.

Throughout each year, children are given the opportunity to participate in a wide range of sports such as tag-rugby, athletics, dance and gymnastics. P.E. is delivered by both PE specialists and class teachers.

As part of the Nebula Federation, Hainford benefits from participating in a wide range of Nebula competitive and taster events which enable children to engage in a wider range of sports and compete with and against children from six other schools. Furthermore, we also benefit from use of our Harnser minibus which allows greater access to competitive sporting events such as crosscountry, City Sports and the use of another school's gym equipment.