

Week  
**One**

# School Lunch Menu

## Autumn/Winter Menu 2022/23



|                 | Monday                                  | Tuesday  | Wednesday   | Thursday   | Friday                           |
|-----------------|---|--|---|--|----------------------------------|
| Main            | Margherita Pizza (v) with Potato Wedges | Pork and Carrot Meatballs with Tomato Sauce and Pasta Bows | Roast Beef and Yorkshire Pudding with Mashed Potato | Greek Chicken in a Tortilla Wrap with Savoury Rice | Breaded Fish Fingers             |
| Served with     | Sweetcorn                               | Mixed Vegetables   | Carrots, Peas and Gravy                             | Broccoli   | Chips and Peas<br>or Baked Beans |
| And for pudding | Fruit Yogurt                            | Iced Swiss Bun   | Fresh Fruit Selection                               | Cocoa Sponge with Cocoa Sauce                      | Flapjack with Apple Wedges       |



Subject to change



Week One: 31 Oct | 21 Nov | 12 Dec | 16 Jan | 6 Feb | 6 Mar | 27 Mar



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# School Lunch Menu



Week  
**Two**

## Autumn/Winter Menu 2022/23

|                 | Monday  | Tuesday                                    | Wednesday   | Thursday   | Friday                           |
|-----------------|---|--|---|--|----------------------------------|
| Main            | Margherita Pizza (v)<br>with Tomato Pasta Salad | Mild Teriyaki Chicken<br>with Steamed Rice | Roast Chicken<br>with Stuffing                    | Butcher's Best<br>Beef Burger in a Roll            | Breaded<br>Fish Fingers          |
| Served with     | Sweetcorn                                       | Mixed Vegetables                           | Roast Potatoes, Carrots,<br>Green Beans and Gravy | Potato Wedges, Salad<br>Sticks and a Choice of Dip | Chips and Peas<br>or Baked Beans |
| And for pudding | Lemon Muffin                                    | Fresh Fruit Selection                      | Cocoa Oatcake<br>with Orange Wedges               | Fruit Jelly  | Cherry Bakewell<br>Cupcake       |



Subject to change

Week Two: 7 Nov | 28 Nov | 2 Jan | 23 Jan | 20 Feb | 13 Mar



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Week  
**Three**

# School Lunch Menu

## Autumn/Winter Menu 2022/23



|                 | Monday                                     | Tuesday                           | Wednesday   | Thursday                           | Friday                                    |
|-----------------|--|-----------------------------------|---|------------------------------------|---|
| Main            | Margherita Pizza (v)<br>with Potato Wedges | Beef Lasagne<br>with Garlic Bread | Butcher's Best<br>Chipolata Sausages              | Chicken Curry<br>with Steamed Rice | Breaded Fish Fingers<br>or Salmon Fingers |
| Served with     | Sweetcorn                                  | Mixed Salad                       | Roast Potatoes,<br>Carrots, Broccoli<br>and Gravy | Mixed Vegetables                   | Chips and Peas<br>or Baked Beans          |
| And for pudding | Fresh Fruit<br>Selection                   | Vanilla<br>Ice Cream              | Shortbread Biscuit<br>with Orange Wedges          | Mixed Berry<br>Sponge Pudding      | Cocoa<br>Krispie Bar                      |



Subject to change



Week Three: 14 Nov | 5 Dec | 9 Jan | 30 Jan | 27 Feb | 20 Mar



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