

THE BRECK FOUNDATION



B

BE AWARE

Opening files, accepting emails, IM messages, pictures or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages.

R

REPORT IT

Tell your parent, or trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied.

E

EDUCATE

Someone online might lie about who they are and information on the internet may not be true. Always check info with other websites, books or someone who knows. If you like chatting online it's best to only chat to your real friends & family.

C

COMMUNICATE

Meeting someone you have met online can be dangerous. Remember online friends are still strangers even if you have been talking to them for a long time. Never meet up with them alone and always speak to a parent or carer beforehand.

K

KEEP SAFE

Keep safe by being careful not to give out personal information when you are chatting or posting online. This includes your email, phone number, password, school, college and location.

The Breck Foundation is raising awareness for playing safe whilst using the internet. Breck Bednar was a 14 year old boy, from Caterham, Surrey, who loved technology and online gaming. He was groomed via the internet and sadly murdered on February 17th 2014 by someone he met online. This Foundation has been set up in his memory to help other young people to enjoy playing online, but be aware that the friends you make online are not like your real friends. "Play Virtual / Live Real"

breckfoundation.org

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