

#### **Daily Activities** 15 mins 20 mins 15 mins Spelling Frame Oliver and the Seawigs - Plus a Y3/4 Rule 5 **Times Tables Rockstars** question or two to (Test yourself on on Friday!) answer/discuss. **Weekly Activities** (all to be completed across the week and evidenced on Seesaw using your Home-Learning code) Maths up to 30 mins up to 30 mins up to 30 mins 4 Digit Number Hunt Number-based activity on Problem-solving activity on Follow the instructions on Seesaw Seesaw Seesaw to undertake this challenge. Writing Source: https://www.literacyshed.com/cloudylesson.html Session 2 - 30 mins Session 1 – 30 mins Session 3 – 30 mins A Cloudy Lesson – Follow the crib Diary Writing - You're the boy Invent ways in which other natural from the clip. Use the planning phenomena are made sheet and answer the questions in e.g sentences. sheet to write a diary. lightning, thunder, etc. Remember to edit spelling and punctuation! Share your ideas on Seesaw. Why not use a dictionary and thesaurus? Science Salty Science - When you stir salt into warm water it dissolves, but what happens to the salt? Follow the instructions on Seesaw and create the experiment either inside or outside. Think about whether the changes are reversible or irreversible. How do you know? Enrichment **Family Game Time** Nature Insect Sculptures

Can you use parts of your garden to create an insect. Watch the video on Seesaw for inspiration!

Wake up, Shake up!					
Part	of	а	healthy	lifesty	'le is
exercise. Why not try one of these					
<u>Shake</u>	<del>)</del> U	р	activities	with	your
family	νŚ				

Find out what games your family liked to play when they were younger then arrange a family game time altogether!

# Project – Food, Glorious Food!

Kindly borrowed from Robin Hood MAT

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook, etc.

### Fabulous Food Groups

What is a balanced diet? Find out about the 5 food groups. Make a presentation or posters about what they find out about: Carbohydrates Protein Dairy Fruits and Vegetables, and Fats. Where does their food come from? Which foods come from the UK? What is fairtrade?

### Vegetable Art

Make repeated pattern prints for decorative purposes using various natural materials, e.g potato printing. Perhaps you'd like to create some still life observational sketches of fruit. Look at the artwork of Giuseppe Arcimboldo Maybe recreate some of his paintings with fruit.

## Lunch Around the World

Look at lunch around the world and investigate how differently people eat in other parts of the world. Find out what a vegetarian is? Vegan? Kosher food? Halal food?

# **Keeping Active**

(Try at least two of the following this week. Get your family involved too!)

There are lots of ways to stay active. Why not try: a bike ride, a walk, a scavenger hunt, Joe Wicks, BBC Supermovers, Cosmic Kids, Real PE, Active Norfolk or get creative yourself!