



Kind



Lesson Plan 1 - EYFS

OBJECTIVES

- ★ To talk about and share feelings
- ★ To think about different ways to be kind to others

OUTCOMES

- ★ Children will be able to talk about how they and others show feelings
- ★ Children will make a long paper chain to remind them how to be kind

RESOURCES

- ★ *Kind* by Alison Green
- ★ Resource Sheet 1: *Give someone a smile!*
- ★ Resource Sheet 2: *Kindness links*
- ★ Scissors and glue

LEAD IN

Ask the children to sit in a circle and share the book with them. Go back to the beginning where the children and animals start their kindness adventure by giving each other a smile. Invite the children to turn to the person next to them and give them a smile (by simply smiling at them). Is the smiling catching?

TASK

Show the children some emojis or smiley faces. Talk about the different feelings they can see. Explain that they are going to have the opportunity to give someone a smile. Let children cut out the emojis on Resource Sheet 1 and hand them out to friends, family and further afield. In the story, when people are feeling sad, lonely, frightened, worried or in trouble, being kind and sharing a smile helps them to feel better.

After sharing the story, invite the children to help make a list of kind acts that they could do. Use Resource Sheet 2 to make a chain of kindness links. Help them to think of somebody they have shown kindness to or somebody who has helped them. Write their names on the link. Demonstrate how to bend the strips into a circle or link, thread and glue together. Remind children to keep the words on the outside of each link so they can be read over again. Make a long chain of kind acts and hang it up to remind children to be kind.

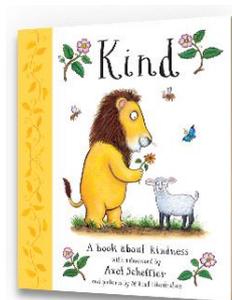


EXTENSION

Start a kindness jar like the one described in the book. Invite the children to put a marble or button inside the jar each time they do something kind. When it is full, the class can have some special 'reward time' when they can choose an activity to do for themselves.



Illustrations © Axel Scheffler, 2019.

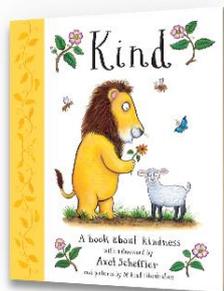
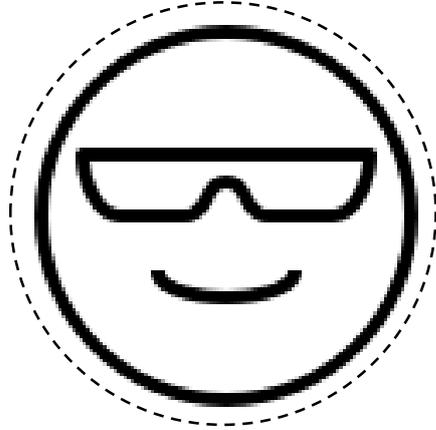
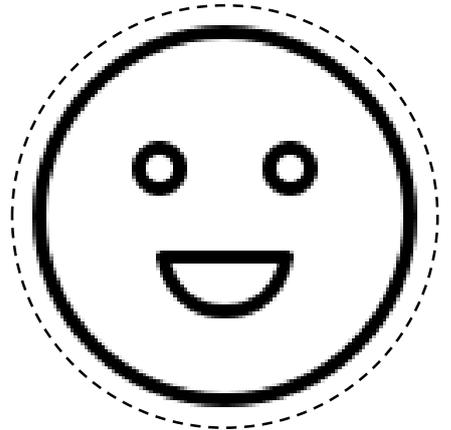
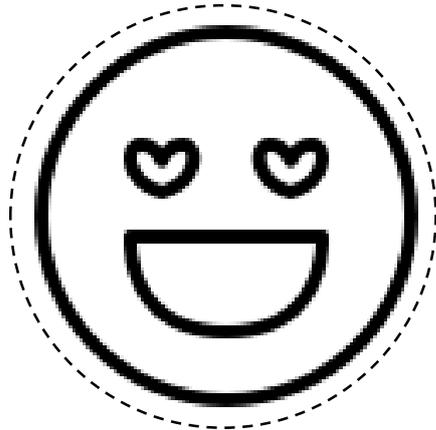
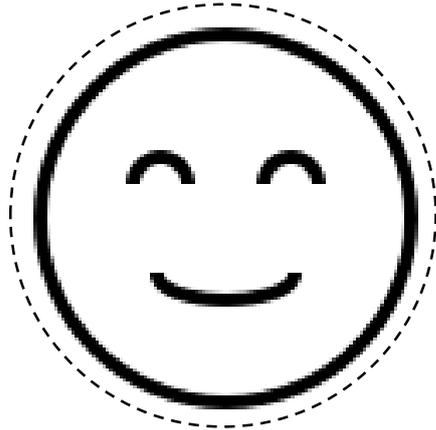


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Lesson Plan 1 – Resource Sheet 1

GIVE SOMEONE A SMILE!

Cut out a smiley face and give it to a friend.



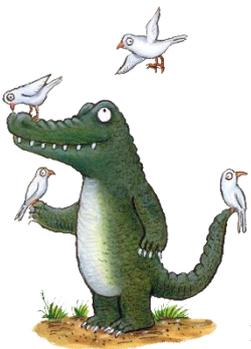
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Lesson Plan 1 – Resource Sheet 2

KINDNESS LINKS

Cut out these strips. Fill in your names. Colour and decorate each strip. Bend into links and make a paper chain.

..... was kind to



Illustrations © Axel Scheffler, 2019.





Kind

Lesson Plan 2 - EYFS

OBJECTIVES

- ★ To look at different styles of illustrations and draw their own picture showing an act of kindness
- ★ To role play an act of kindness

OUTCOMES

- ★ Children will be able to talk about different styles of illustration and express a preference
- ★ Children will create pictures of acts of kindness and compile them into a book

RESOURCES

- ★ *Kind* by Alison Green
- ★ Resource Sheet 1: *My act of kindness*
- ★ Resource Sheet 2: *Kind illustrators*
- ★ Paper, pencils and crayons

LEAD IN

After sharing the story with the whole class, look at the pictures in more detail with small groups of children. Discuss the different acts of kindness that the pictures show. Ask them to talk about the different styles of illustration that they can see. Which is the most popular picture? Do they recognise any of the 'kind illustrators' from other books?

TASK

Ask children to work with a partner and role play one of the acts of kindness from the book. Will they choose to share a toy or play a game? Can they open the door and meet a 'wonderful new friend'? Explain 'opening the door' isn't meant literally. It's about having an open mind and heart, and welcoming new people into your life and community. How will they make a new child feel welcome? Take some photos of the children role playing kind deeds.

Children can then use Resource Sheet 1: *My act of kindness* to draw a picture of themselves doing something kind.



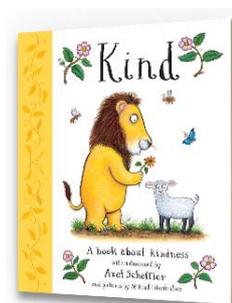
EXTENSION

Involve children in compiling the pictures and photographs into your own class 'Kind' book to share with new children.

Choose five popular pictures from the book and ask children to vote for their favourite. Let children record the results in a bar chart on Resource Sheet 2: *Kind illustrators*



Illustrations © Axel Scheffler, 2019.





Kind

Lesson Plan 2 – Resource Sheet 1

MY ACT OF KINDNESS

Draw a picture of yourself doing something kind.

I am being kind by





Kind

Curriculum Links - EYFS

COMMUNICATION AND LANGUAGE

- ★ Children listen attentively in a range of situations. They listen to stories, accurately anticipating key events, and respond to what they hear with relevant comments, questions or actions. They give attention to what others say and respond appropriately, while engaged in another activity.
- ★ Children express themselves effectively, showing awareness of listeners' needs. They use past, present and future forms accurately when talking about events that have happened or are to happen in the future. They develop their narratives and explanations by connecting ideas or events.

PHYSICAL DEVELOPMENT

- ★ Children show good control and coordination in large and small movements. They handle equipment and tools effectively, including pencils for writing.

LITERACY

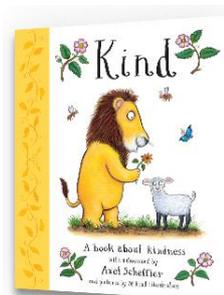
- ★ Children read and understand simple sentences.
- ★ Children use their phonic knowledge to write words in ways that match their spoken sounds.

MATHEMATICS

- ★ Children count reliably with numbers from one to twenty, place them in order and say which number is one more or one less than a given number.

PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

- ★ Children are confident to try new activities, and to say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities.
- ★ Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.



UNDERSTANDING THE WORLD

- ★ Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

EXPRESSIVE ARTS AND DESIGN

- ★ Children use what they have learnt about media and materials in original ways, thinking about uses and purposes. They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories.





Kind

Lesson Plan 3 – KS1

OBJECTIVES

- ★ To describe ways to make new children feel welcome
- ★ To write out acts of kindness and make 'The kindness tree'

OUTCOMES

- ★ Children will be able to use acts of kindness to include new children
- ★ Children will write simple sentences about kindness

RESOURCES

- ★ *Kind* by Alison Green
- ★ Resource Sheet 1: *The kindness tree*
- ★ Resource Sheet 2: *Say hello!*
- ★ Coloured paper, cardboard, scissors and glue

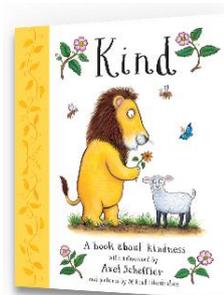
LEAD IN

Read the story all the way through and then go back to the page where there are lots of different ways of saying 'hello!' Try out some of these different greetings with the children. Are there any children in your setting for whom English is an additional language? Let them say hello to the group in their home language.

TASK

Explain that you are going to create 'The kindness tree'. Ask children to help paint a large tree trunk, with lots of branches, onto a display board. Talk about all the different acts of kindness described in the book. Using Resource Sheet 1: *The kindness tree*, ask the children to write out an act of kindness that they have done or witnessed, using their own words, inside one of the leaf shapes. Can they cut out the heart-shaped leaves and stick them onto the tree?

Show children how to make their own symmetrical heart shaped leaves by folding coloured paper in half, drawing half a heart right up to the fold, cutting it out and unfolding the shape. Talk about the symmetry of the shape, pointing out that both sides are the same.



EXTENSION

Children can make badges out of the speech bubbles on Resource Sheet 2: *Say hello!* Invite children to write the word for hello in a different language inside a speech bubble. Cut out the shapes and mount them on card, add a safety pin, and let children wear their hello badges so that all languages are represented in your setting. Ask children to show others how to write hello in their home language if it is not included in the book.



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Lesson Plan 3 – Resource Sheet 1

THE KINDNESS TREE

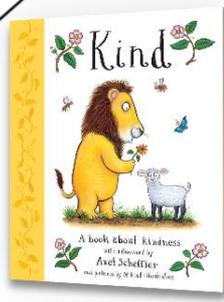
Write an act of kindness inside the leaves. Cut out and stick onto the kindness tree.

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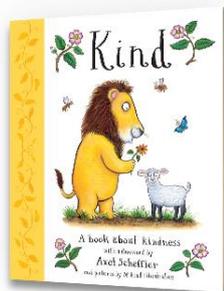
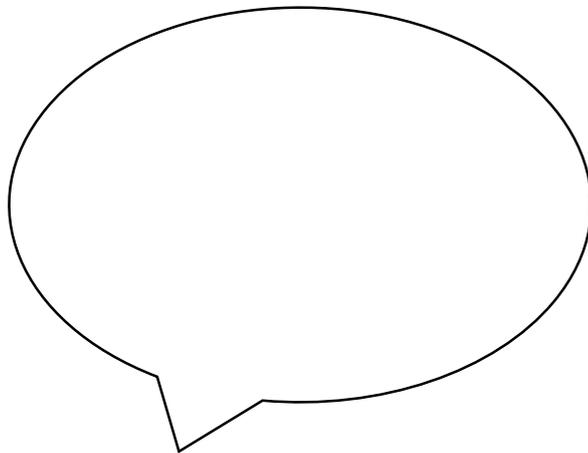
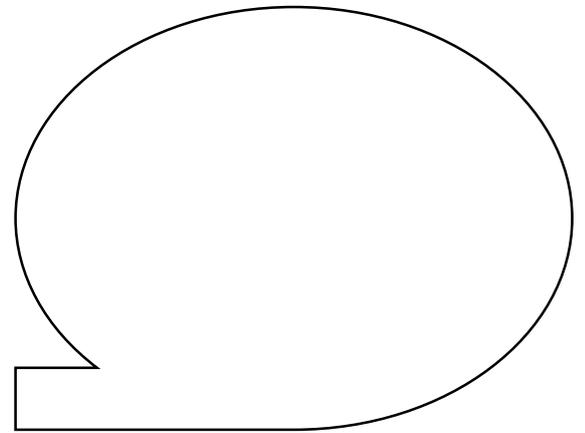
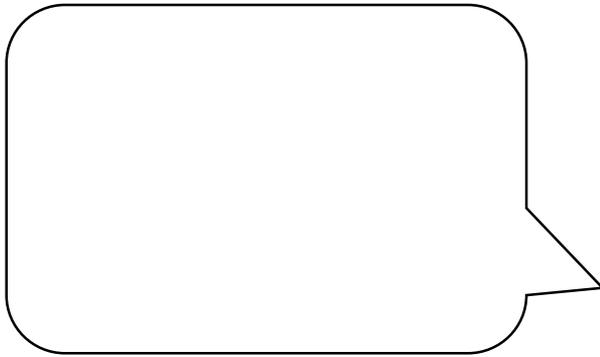
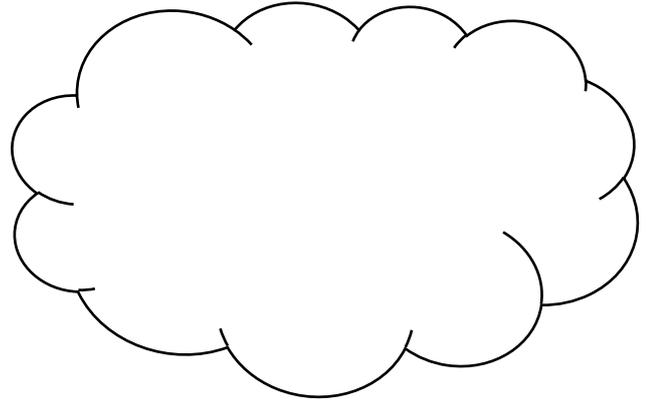
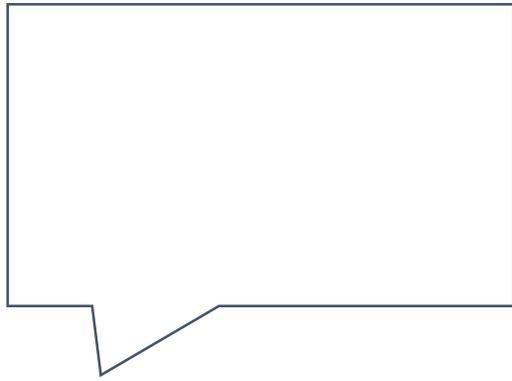


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Lesson Plan 3 – Resource Sheet 2

SAY HELLO!

*Write the word 'hello', in the language of your choice, inside a speech bubble.
Cut out the shape, mount on card and wear with pride.*





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Curriculum Links – KS1

KS1 ENGLISH: Pupils should be taught to

Word Reading

- ★ apply phonic knowledge and skills as the route to decode words
- ★ respond speedily with the correct sound to graphemes (letters or groups of letters) for all 40+ phonemes, including, where applicable, alternative sounds for graphemes
- ★ read accurately by blending sounds in unfamiliar words containing GPCs that have been taught
- ★ read common exception words, noting unusual correspondences between spelling and sound and where these occur in the word.

Reading Comprehension

- ★ develop pleasure in reading, motivation to read, vocabulary and understanding
- ★ understand both the books they can already read accurately and fluently and those they listen to
- ★ participate in discussions, taking turns and listening to what other people have to say
- ★ explain clearly their understanding of what is read to them.

Writing Composition

- ★ write sentences
- ★ discuss what they have written with the teacher or other pupils
- ★ read aloud their writing clearly enough to be heard by their peers and the teacher.

Writing Transcription

- ★ name the letters of the alphabet
- ★ name the letters of the alphabet in order
- ★ use letter names to distinguish between alternative spellings of the same sound.

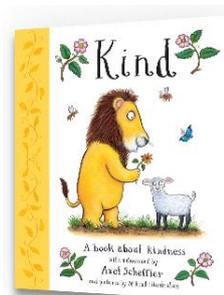
Spoken Language

- ★ listen and respond appropriately to adults and their peers
- ★ ask relevant questions to extend their understanding and knowledge.

KS1 MATHEMATICS: Pupils should be taught to

Geometry

- ★ identify and describe the properties of 2-D shapes, including the number of sides and line symmetry in a vertical line.



KS1 ART AND DESIGN: Pupils should be taught to

- ★ use a range of materials creatively to design and make products
- ★ use drawing, painting and sculpture to develop and share their ideas, experiences and imagination.

KS1 PSHE: Pupils should be taught to

- ★ recognise how other people are feeling
- ★ share their own feelings with others
- ★ recognise that we can affect how others feel.

